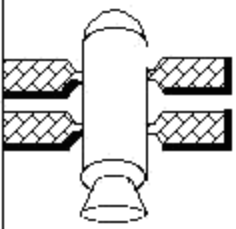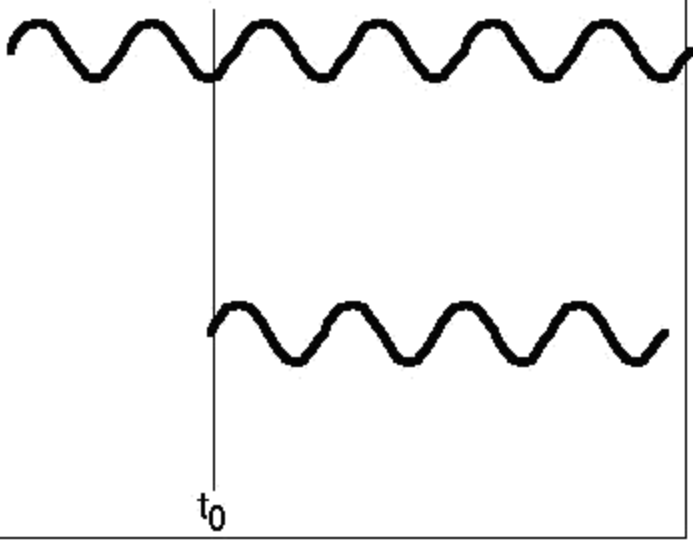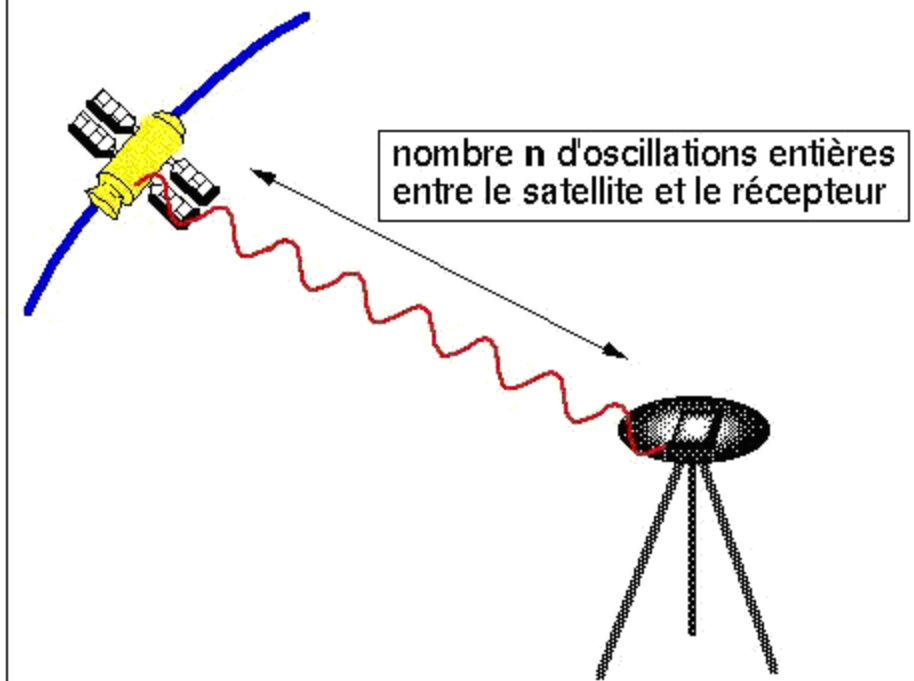déphasage initial au moment
ou on allume le récepteur